

# SET THE TABLE FOR SAFETY

Whether testing out a new dish or whipping up a family classic, there's one recipe that should also be included on the menu this holiday season: **safety**. Follow this "Recipe for Kitchen Safety" and help this year's festivities create memories instead of danger.

## INGREDIENTS FOR SAFETY

FUNCTIONING  
SMOKE ALARMS



FUNCTIONING  
GROUND FAULT  
CIRCUIT INTERRUPTERS  
(GFCIs)



VIGILANCE



## DIRECTIONS

- 1 Smoke alarms should be installed in **every bedroom, outside each sleeping area, and on every level of the home**. For the best protection, smoke alarms should be interconnected, so that they all sound if one sounds.



- 2 Test the batteries in each smoke alarm **every month**, replace them **once a year**, and replace the unit every **10 years**.



- 3 GFCIs are electrical safety devices that trip electrical circuits when they detect ground faults, or leakage currents, that could shock or electrocute someone. GFCIs should be installed where **electricity and water may come in contact**, such as the kitchen. GFCIs should also be tested **every month**. Additional instructions for testing can be found at [www.esfi.org](http://www.esfi.org).



- 4 Prevent fires by making sure your oven and stovetop are **clean and free of grease and dust**. You should also clean the exhaust hood and duct over the stove regularly. Lastly, vacuum the refrigerator coils every **three months** to prevent potentially dangerous dirt build-up.



CLEAN  
APPLIANCES



KITCHEN  
TIMER



## KITCHEN SAFETY



- 5 **Never leave cooking unattended**. You should not cook if you are sleepy or under the influence of alcohol. Children should also be closely supervised and kept at least **three feet away** from all cooking appliances.



- 6 It's easy to forget about something that's cooking, especially when you're entertaining guests. **Use a kitchen timer** to make sure your dish doesn't become a fire hazard.



- 7 **Enjoy!** Being proactive about safety will give you peace of mind and allow you to enjoy your time with loved ones.

ESFi

For more information about **cooking and holiday safety** visit [www.esfi.org](http://www.esfi.org)



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