



The Senior Scene

A quarterly publication of the Battle Ground Senior Advisory Board
Battle Ground Parks & Recreation
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www.cityofbg.org

Summer 2010 Edition

Welcome to The Senior Scene!

This quarterly publication highlights activities and events in the Battle Ground area. Summer is here and now is the time to get outside and enjoy the sun! So get up, get out and get ACTIVE! There's something for everyone! ☺



The **MAD HATTERS**

CLUB Summer Schedule!

The *Mad Hatters Club* will meet on the 2nd Friday of each month at the Senior Center, located at 116 NE 3rd Ave. (unless otherwise noted). There are no membership fees or red hats required. The only requirement is that you join us when you can and have some FUN! So put on any hat and join the club!

Mad Hatter Club Calendar of Events

Friday, July 9th @ 11:30am

Wine Tasting @ Bethany Vineyards

Swirl, Smell and Sip.....Raise your glass and make a toast to the good life because life doesn't get any better than sampling some local wines in a beautiful setting. Fee is \$7 and includes lunch on the patio which overlooks a pond and the vineyard. We'll meet at Bethany Vineyards, located just west of town at 4115 NE 259th St., Ridgefield. *Reservations required by Tuesday, July 6th. Call Debbi @ 342-5380 to reserve your spot!*

Friday, August 13th @ 11:30am

Hockinson Cafe

We'll visit the new Hockinson Café which recently moved from Hockinson to Battle Ground. The Café is known for great food and friendly service. So join us and find out why the lines are long waiting to eat at the newest local favorite! (dutch treat).

Thursday, September 9th, @ 9am

Lucky Eagle Casino Trip

Are you feeling lucky? Get on the bus and head to the Lucky Eagle Casino in Rochester, WA and try your luck! The day includes a free round trip bus trip to the casino, buffet lunch and slot and table games galore! Bus leaves Vancouver at 9am from the Fred Meyer on Mill Plain (*extreme south parking lot between the Fred Meyer Garden Center and Chkalov Drive*). Call (360) 570-5389 to make your trip reservation. Gaming and lunch on your own.

RECYCLE YOUR GREETING CARDS!

Turn your old greeting cards into placemats for local nursing home guests. Drop off your cards at the Senior Center or at the Battle Ground Community Center. Volunteers will make them into dinner placemats for local seniors to enjoy!

Sr. Potluck Day

Date: 2nd Monday of each month

Time: 1130am – 1pm

Location: Senior Center

Donation Requested: \$1 per person

Bring your best dish and join in the fun! Sr. Potluck Day is all about eating, drinking and sharing in the fun!

Monday, July 12th

Help us celebrate America at the July potluck. Bring your best "*picnic*" type entrée, salad or dessert to share with the group.

Monday, August 9th

Beat the heat and join us for a Potluck and an Ice Cream Social! Bring one of your favorite dishes to share with the group. The Senior Advisory Board will sponsor an **ice cream sundae bar with all the fixing's!**

Monday, September 13th

We welcome the autumn solstice with a down-home potluck! Bring your best dish to share with the group...no main entrée served this month.

Senior Center Activities

The Senior Advisory Board sponsors a variety of activities for the Battle Ground area. These activities are open to any senior who wants to play! They are offered on an on-going basis at the Senior Center, located at 116 NE 3rd Ave.

Bunko!

Date: 3rd Friday of each month

Time: Noon – 3pm

Cost: \$5 per person, per day

Roll the dice and play BUNKO! This game is fun and fast-paced. Anyone can play...no previous game experience or partner required. It's easy and fun to learn and play. Potluck @ noon!

PINOCHLE

Date: Tuesdays & Thursdays (weekly)

Time: Noon – 4pm

Cost: Nominal fee per game

Are you a Pinochle card player? If yes, then come on down to the Sr. Center and join other Pinochle players. Having a partner is not a requirement to play...single individuals are welcome! The day includes a potluck lunch before the games begin, so bring a tasty dish to share with the group.

Scrap Booking w/ Celeste!

Scrap booking is easy and fun! Make your very own greeting cards and calendars that have a personal touch. Class dates and times vary. For details on future classes check out Celeste's website at www.celestereising.stampinup.net.

NEW! Sr. Exercise & Fitness Class

The BG Parks & Recreation Department has partnered with the SW Washington Area Agency on Aging and Disabilities to bring a senior exercise and fitness program to the Battle Ground area. The class is held 3 weekday mornings prior to the Loaves & Fishes lunch program.

The **Enhanced Fitness** program is a group exercise program for people 60+ years of age. The program helps to improve your balance, flexibility, bone density, endurance, coordination and mental sharpness and decreases your risk of falling.

Days: Tuesday, Wednesday and Friday

Times: 8:30 – 9:30 am or 9:45– 10:45 am

Location: Battle Ground Community Center

Fee: \$1 per person, per day

Information continued on next column!

Sr. Exercise & Fitness Class (continued)

For more information and/or to register for the **Enhanced Fitness Class** contact the SW Area on Aging & Disabilities at (360) 694-8144

OUT & ABOUT TOWN!

Loaves & Fishes Senior Lunch

Date: Daily, Monday – Friday

Time: Lunch served at Noon

Cost: \$2.75 suggested donation

Location: Battle Ground Community Center,
912 E. Main Street, Battle Ground

Loaves and Fishes provides a hot and nutritious noon meal every weekday for senior residents of Battle Ground and surrounding communities. Enjoy a nice meal while you visit with other local seniors. You're welcome to come and eat as many times a week as you want. A small donation is suggested, however if you can't afford to donate that's ok... No one will ever be turned away for lack of funds, give what you can, when you can. So come and visit us at the Battle Ground Community Center...coffee and snacks are available as early as 1030am, followed by lunch at noon.

PROGRESSIVE DINNER EVENT!

A fundraiser for the North County Community Food Bank

Get a Taste of Battle Ground! Join us for an evening of scrumptious tastes, delectable samples and epicurean delites! Stroll through BG Village and Old Town Battle Ground and enjoy a progressive dinner by visiting participating restaurants and businesses.

Date: Thursday, August 26th

Time: 530 – 9pm

Registration & Check-in: 530-6pm at the Battle Ground Community Center (912 E. Main St)

Admission Fee: \$20 per person (pre-sale)
\$25 per person (at-the-door)

Purchase Tickets: At the North County Community Food Bank (360-687-5007) or on-line at www.NCCFB.org

Don't Be Late For Dinner!-
Limited Ticket Sales